

# 6 BEST Chord Progressions Cheat Sheet

## Progression 1: “The Catchy” 😊

**C<sub>M</sub>**  


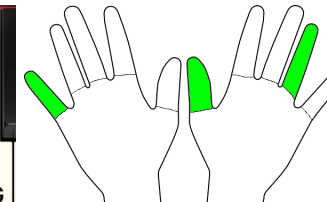
The diagram shows a piano keyboard with the keys C, E, and G highlighted in green. The hand diagram shows the right hand with the thumb on C, index on E, and middle on G, and the left hand with the thumb on C.

**G<sub>M</sub>**  

The diagram shows a piano keyboard with the keys G, B, and D highlighted in green. The hand diagram shows the right hand with the index on G, middle on B, and ring on D, and the left hand with the index on G.

**A<sub>m</sub>**  

The diagram shows a piano keyboard with the keys A, C, and E highlighted in green. The hand diagram shows the right hand with the index on A, middle on C, and ring on E, and the left hand with the index on A.

**F<sub>M</sub>**  

The diagram shows a piano keyboard with the keys F, A, and C highlighted in green. The hand diagram shows the right hand with the index on F, middle on A, and ring on C, and the left hand with the index on F.

# Progression 2: “The Emotional” 🥲

**A<sub>m</sub>**  

**F<sub>M</sub>**  


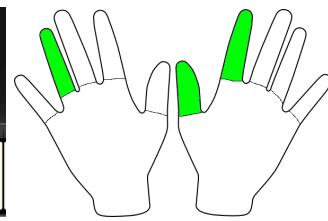
**C<sub>M</sub>**  

**G<sub>M</sub>**  

# Progression 3: "The Road Trip" 🕶️

**F<sub>M</sub>**  

**C<sub>M</sub>**  

**G<sub>M</sub>**  

**A<sub>m</sub>**  

# Progression 4: "The Evil"

**A<sub>m</sub>**  

**E<sub>m</sub>**  

**F<sub>M</sub>**  

**D<sub>m</sub>**  

# Progression 5: "The Somber" 🙄

**F<sub>M</sub>**  

**D<sub>m</sub>**  

**A<sub>m</sub>**  

**E<sub>m</sub>**  

# Progression 6: "The Sinister" 🤪

**D<sub>m</sub>**  

**A<sub>m</sub>**  

**E<sub>m</sub>**  

**F<sub>M</sub>**  

# Accelerated Learning Techniques

## 1. Chunking Strategy *(for the first stage of learning)*

Step 1: Break the progression up into the first two chords and the last two chords

Step 2: Practice alternating between the FIRST two chords over and over until you got it

Step 3: Practice alternating between the LAST two chords over and over until you got it

Step 4: Practice the entire progression (all four chords)

## 2. Rhythms Strategy *(for getting Muscle Memory)*

Step 1: Play 4 times normal

Step 2: Play 4 times using Rhythm 1 (Long, Short Long, Short...)

Step 3: Play 4 times using Rhythm 2 (Short Long, Short Long, ...)

Step 4: Play 4 times using Rhythm 3 (Long, Short Short Short...)

Step 5: Play 4 times using Rhythm 4 (Short Short Short Long, ...)

Step 6: Play 4 times normal

## 3. Added Note Strategy *(for getting Hands Together)*

Step 1: Play the first 2 chords 4 to 8 times

Step 2: Play the first 3 chords 4 to 8 times

Step 3: Play the first 4 chords 4 to 8 times

Step 4: Continue this pattern...