

4 Note Chords



Part 1: The Notes

Note that the *fingerings* always stays the same: *(the tricky part in bold)*

Right Hand: UP - 1235 **1245** 1235 1235 DOWN - 5321 5321 **5421** 5321

Left Hand: UP - 5321 **5421** 5321 5321 DOWN - 1235 1235 **1245** 1235

The Fingering is the same as broken chords - we just play all notes simultaneously

Part 2: The Form/Motion

Rule #1 - Use your arm weight and gravity instead of "pressing" notes with your fingers

Rule #2 - Breathe in as you lift your hand, and out as it goes down to the keyboard

Rule #3 - As you "catch" the chord, your wrist and elbow move down and out

Rule #4 - Exaggerate the motion at first to help your brain internalize it

(make sure you watch the video to really understand how this should look - it's IMPORTANT)

Part 3: Notes on the Miyagi Technique

Focus on using arm weight instead of "pressing" the notes with your fingers

This is NOT a speed drill - work on TONE and relaxation instead of speed

You don't need to spend a lot of time on this one, just a few minutes max a day

Don't worry about Accelerated Learning Techniques for this drill